

# WOLFEBORO NEWS

## Ohm Lifestyle Center doubles funding for new grant program

WOLFEBORO — Ohm Lifestyle Center in Wolfeboro is doubling its funding for a first-of-its-kind grant program in New Hampshire, now providing \$10,000 to a qualified cosmetologist looking to establish and build

his or her cosmetology practice. Ohm Lifestyle Center, the region's leading full-service, organic spa, beauty and wellness center, launched this unique grant program in June to support and foster New Hampshire's salon industry by providing funding to help the recipient develop resources, explore professional development opportunities and create initiatives to grow the individual's practice. In addition to increasing the grant funding from \$5,000 to \$10,000, Ohm Lifestyle Center has extended the application deadline to Aug. 31. Visit [www.ohmlifestyle.com/apply-now/](http://www.ohmlifestyle.com/apply-now/) for more information and to apply.

"We are pleased and fortunate to be able to increase the funding for this one-of-a-kind grant program here in New Hampshire," said Gayle Washington, owner and founder of Ohm Lifestyle Center. "We know

workers in our industry have been impacted in a big way by the circumstances we are all facing due to COVID-19. With this grant program, we are able to support a talented, driven and ambitious cosmetologist who wants to work in an environment built on positive team building and as part of a team whose members have each individually operated successful businesses for decades. For someone looking to establish his or her practice, this is simply an opportunity that cannot be ignored."

The new grant program is available to all licensed New Hampshire cosmetologists with at least one year of self-employed experience in the industry. The recipient's practice would be housed at Ohm Lifestyle Center, and in addition to the grant funding, Gayle Washington, who has more than 22 years of business experience, will donate 10 hours of

her brand of Spa Consulting to the winning candidate.

This new grant program is the latest example of Ohm Lifestyle Center's commitment to innovation. Earlier this summer, Ohm Lifestyle Center began offering interactive, guided massage sessions through Zoom and earlier this year, the Center began creating specialized boxes featuring all the tools, tips and products customers needed to recreate massages and facials right in their own homes. Ohm Lifestyle Center provides these guided massage sessions through Zoom for free to hospital staff and first responders.

Ohm Lifestyle Center is the only establishment in the northeast to offer Spinal Reflex Therapy (SRT), a cutting-edge clinical massage assessment and treatment approach in which practitioners use a thermal scanner to identify and

treat exact pain points. Ohm Lifestyle Center also created 38 Senses Massage, which combines full body massage and a custom-written, individualized guided meditation.

For more information, visit [www.ohmlifestyle.com/](http://www.ohmlifestyle.com/).

About Ohm Lifestyle Center Ohm Lifestyle Center, 19 Elm St. in Wolfeboro, is the leading full-service, organic spa, beauty and wellness center in the northeast, offering an ever-growing array of services, including massage therapy, a full salon and beauty shop, and a carefully curated selection of wellness supplements, as well as the largest float room in the northeast. Ohm Lifestyle Center also offers interactive, guided massage through Zoom for individual and group sessions. Visit [www.ohmlifestyle.com/](http://www.ohmlifestyle.com/) for more information.



COURTESY

### Art and music in the garden presented by The Olde Ways at Mustard Seed Farm.

Join us this Sunday, Aug. 9 from 1-4 p.m. on the farm, 176 Ledge Hill Rd., Tuftonboro, and in the garden for live music featuring Wolfeboro's Carolyn Ramsay accompanied by Chuck Farrell on guitar. We have gathered amazingly talented local artisans for a unique shopping experience. Shop, sit and listen to the music, walk the gardens and visit with the farm animals. This is a free outdoor event with social distancing encouraged.

## Abenaki skiers win regional titles

WOLFEBORO — The Abenaki Water Ski Club performed superbly at the Eastern Regional Water Ski Championships in Avon, Conn. held July 23-26.

Seven different Abenaki skiers won titles at the tournament,

### *Amid uncertainty, local shop finds hope in new beginnings*

SANBORNVILLE — After finding her import business negatively impacted by pandemic challenges, Lisa Lauze found a bright spot: her hobby of handmade bath and beauty products was flourishing. Friends and neighbors were eagerly buying her handcrafted, small batch items, especially her soaps and rinse free sanitizers.

As demand grew for her locally created items, Lauze and her husband found encouragement to pursue their dream of opening a store front at their home in small-town Sanbornville. After months of planning, renovations and overcoming obstacles, their dream becomes a reality during the Thyme at the Farm Grand Opening on Aug. 8 & 9.

From 10 a.m.-6 p.m. both days, you'll find Lauze in the new country store located conveniently off Route 16 where visitors can shop in-store or online with curbside pickup. Alongside Lisa's handcrafted bath and beauty products, shoppers will find pieces from New Hampshire and New England vendors, crafters and artisans including baked goods, home decor, specialty gifts and more.

In addition to the in-shop experience, visitors will be able to enjoy tunes from local musicians on the porch as well as coffee and cookies from Ora's Coffee and Ice Cream of Ossipee. It is the Lauze Family's hope that their friends, neighbors and community visitors will stop by to share in connection in a time when new beginnings are filled with light for a brighter future even when uncertainty still lingers.

Thyme at the Farm is located at 16 Wilson Rd., Sanbornville. You can find more information about the shop online at [thymeatthefarm.com](http://thymeatthefarm.com) or [facebook.com/ThymeAtTheFarm](https://www.facebook.com/ThymeAtTheFarm).

which is the final tune-up for this week's U.S. Nationals in Louisiana.

Alexia Abelson dominated Girls 1 sweeping slalom, tricks & overall while older brother Jake did the same in Boys 3, winning slalom, tricks, jumping and overall. Jake, who is the national Boys 3 record holder, scored 10,260 points in tricks which was by far the best performance in the tournament, regardless of division! Girls 2 skier Audrey Abelson skied to victories in slalom and tricks in Girls 2. Ava Cole of Wolfeboro jumped 78 feet to win Girls 3 jumping and overall. In the competitive Boys 5 slalom event, Collin Frucci skied around 2 buoys at 36mph with the line shortened by 38 feet off the 75-foot towline. He not only won the event but scored a personal best performance as well.

Adrienne Hanson of Alton won her first Eastern Regional titles in Women 2 slalom and tricks and national jumping champion Becky Bartlett again took the Women 3 regional jumping event with ease, flying 92 feet as well as taking the overall. Becky will be the odds-on favorite in Louisiana to defend her jumping title.

Most of these champion Abenaki skiers will be performing again locally in Back Bay on Saturday, Aug. 22, at the New Hampshire Water Ski Championships. The skiing will take place with slalom starting at 8 a.m., followed by tricks and jumping in the afternoon.

Excellent viewing is found along the Bridge-Falls Path behind the Wolfeboro Railroad Station. Social distancing and masks are strongly advised.

### *Shepherd Grocery Delivery Service now available for Wakefield and Brookfield residents*

REGION — The First Congregational Church of Wakefield, United Church of Christ, announces a Shepherd Grocery Delivery Service for those affected by Covid-19, or for those who otherwise cannot go into a store on their own. We are limiting the use of the service to our local Lovell Lake Food Center. We recommend using the Lovell Lake To-Go Program and calling the church to arrange for pick-up and delivery. If use of the To-Go program is not possible, call the church office to request more information about the Shepherd Grocery Delivery Service. Telephone 522-3189.

**New Directions - Workshops**  
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**Psychic, Medium & Spirit Evenings** w/ Raecine  
Fridays: Sept. 18, Oct. 16 & Nov. 13 at 6:00 pm: \$50

**Find Yourself - Change Your Life Workshop Series**  
*Positive Thinking, Intuition, Energy, Angels & Dreams*  
Sept. 22, 2020: \$65 per workshop /\$295 ten classes

**Letting Go of the Past - 2 Day Workshop** \$395  
Drakes Island, Maine - October 24 & 25, 2020

For more information or to register:  
Email: [Noreen@noreenmcdonald.com](mailto:Noreen@noreenmcdonald.com) • [www.noreenmcdonald.com](http://www.noreenmcdonald.com)  
Call: 603.569.9912 (Wolfeboro NH)

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**Meet Lucky!**

This handsome devil traveled all the way from Texas to find an energetic new home to call his own. He's 2-years-young, approximately 31 pounds, neutered, current on vaccinations, microchipped and wiley. He is a sweet little bundle of energy and would benefit from some basic manners training.

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